



Sexual Integrity

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What is one of the primary desires
we have as human beings?

We believe it's a desire for intimacy;
to be fully known and completely
accepted by the people in your life

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It is also the model relationship that God maintained with Jesus and it's the type of relationship that God, our Heavenly Father, desires to have with each one of us

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Our theory is that when kids can connect with their parents on an intimate level, they won't go searching for it from other people

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So we believe the first piece in instilling
Sexual integrity in the lives of your children is:

Intentionally equipping your children with
intimate relationships at home

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We are all on this search for intimacy but the
danger is when we fall for the counterfeit.
True intimacy is built over time and takes
years to build

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There is no way to get intimacy outside
of the way God designed it

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By engaging with our children, intimately
knowing them and loving them, we can alter
the course of their lives and keep them from
making the mistake of having premarital sex
and damaging their bodies and souls

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How God views sex versus how we view sex

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Besides culture, we also learn to think about
sex from our parents

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To teach sexual integrity to your kids,
you need to have a healthy view on sex

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The truth is that God created sex as a good
thing to be enjoyed between a husband and
wife and God doesn't make mistakes

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Sex between a husband and wife
symbolizes that future marriage between
Christ and the Church

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Sexuality is a function of not just our body,
but our mind and spirit as well

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There is no room at all for pornography in
the life and home of a believer

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When we teach our kids about sex from
God's perspective, they can experience the
fullness and beauty of a sexual relationship
like it was intended to be, without the
baggage of regret or shame

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As parents, we have the power and
influence in our children's lives to
encourage purity

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It's our job to teach them, grow them, and
prepare them for a day when they will need
to be responsible for themselves

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If you want to do your best to protect and
prepare your children for living in the real
world, we have to talk to them about the
tough stuff

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Start young with your kids and give them
age appropriate details

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We want to teach our kids that God made sex:

- 1) To make babies
- 2) For mommy and daddy to express love to one another
- 3) To point us to the father, son, and Holy Spirit

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Sometimes we may say too much but we've found out that they only process what they can at that specific age and maturity level

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Keep in mind that when you tell your kids about sex, you are not taking away their innocence, you are helping them understand that it is a beautiful and natural gift that God created

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If you wait to tell them, it will come from the world, and the world will paint a much different picture

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The key is for you to be the one to tell them,
not someone else

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Sex talks should be often and both
spontaneous and planned

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Don't let the fear of your past keep
you from talking to your kids

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Purity is more than the physical. It's a
mindset to strive to live life God's way; to
walk with Him

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Trying to instill purity in our kids is trying to inspire them to return God's love with a lifestyle that is obedient and loving to Him. While he created those desires, He created them for the right time

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Physical contact creates emotional and spiritual bonds. Those bonds are meant to be shared with only one person

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Understand that the goal is much more than
just not having sex. The real goal is purity

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Consistently affirming our passionate
understanding of their priceless worth based
on God's unfailing love for them. We must
feed our kids' self worth with who they are in
Christ

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Culture has a profound effect
on all of our thinking

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We teach our daughters to see themselves
as God sees them -beautiful, desired, and
cherished. We must teach our sons to be
strong and brave, standing up against
culture's lies so that instead of pressuring
young ladies, these young men are
respecting and cherishing them,
safeguarding sexuality

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When our children know God and understand how much He loves them, it should change the way they live and what they value

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We need our kids to understand that their security and worth come from God and the fact that he took the time to create each one of us with care and purpose

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We have to love God more than anything
and teach our children to do the same.
When they love God more than their own
desire for pleasure or what other people
think of them, they'll be better equipped to
take a stand and keep themselves pure

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Keeping our children on a path to sexual
purity is not easy or guaranteed, but we can
do our best at defying the odds when we
consistently develop loving, intimate
relationships with them, teach them how to
view sex from God's perspective, make the
most out of our time and influence with them,
and show them that their identity and value
is rooted in God

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